



couple conundrum

My guy loves my thick, curly hair, but he complains that he can't run his fingers through it. How can I fix this?

Try this tangle-reducing routine suggested by Shai, hairstylist and owner of Capella Salon in L.A.: First, use a moisturizing daily conditioner after shampooing, and rather than rinsing it out entirely, keep a small amount in your hair to make strands soft. A good option: Curl Friends SOS Conditioner, \$20. Before styling, comb through a smoothing balm to define curls and keep them silky. Try Bumble and Bumble Grooming Crème, \$20. To keep your style snarl-free, get a trim every four to six weeks. Also, ask your stylist for a clear gloss, a treatment that will soften your hair and give it a sheen.

COSMOPOLITAN

BEAUTY & STYLE

Beauty Q&A

Couple Conundrum



Out-of-Control Curls

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